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February 2023

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FOR MORE INFORMATION

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210-497-3022

EMAIL
CONTACT@ENCINOPARKHOA.COM

ADDRESS
1923 ENCINO RIO
SAN ANTONIO, TX 78259

**SPECTRUM ASSOCIATION
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Message from the Board

By Ashley Bryant

We moved to Encino Park in 2011. Our daughter, Ashlynn attended the local schools and participated in various school activities. Living in a safe neighborhood with the best educational opportunities was the most important reason for us moving to Encino Park.

My wife, Sandy and I try to attend as many monthly EOP monthly meetings as we can. During the September meeting, our BOD president was seeking out volunteers to participate on the board. Our daughter was getting married in October so I was too involved with wedding planning to join the board. Right after the wedding Sandy and I talked and agreed we wanted to do more and get involved with our EP board. I decided to take the step and volunteer. In November I became the newest member of our board.

I love living in Encino Park. We have amazing schools providing exceptional education to our children. Johnson High School provides a solid foundation for our teens as they graduate and go off to college/careers and make their mark in our world both near and far. We have a very impressive low crime rate we can all be proud of. I believe strongly in each of us doing the right thing and speaking up when we see otherwise. Our Safe Officer, Officer Arturo Castellanos patrols and serves providing for a safe neighborhood, assisting everyone with safety concerns and giving input and guidance for our Crime and Safety committee. Additionally, we have many amenities such as our pool, park and playground, tennis and basketball courts, and our community center.

One thing that stands out to my family is the community center. We were stationed in Kentucky for 6 years prior to moving here. We loved the small town living and how close everyone was withing the community. Our community center provides opportunities for boy scouts and girl scouts which instills quality values in our children. We love attending the annual Market Days. This event reminds of us the craft fairs we would always attend in Kentucky. It give a small town feel to living in a large city as San Antonio.

I have served 21 years in the Army and retired here in San Antonio. I have recently been enrolled in Alamo Colleges for a career change. Throughout my military career I found many opportunities to volunteer and give back to the community. I realized it was time to again volunteer and see what opportunities I can do in keeping our community as beautiful, safe, and current as possible.

I challenge everyone to get involved within our community. We can all make a difference if we get more involved with what is going on in our subdivision. The more people we have involved gives a greater voice in the direction our Board goes. We need everyone's input and involvement. Become a member of one of our committees. Your voice will make a difference in keeping our subdivision one that we can all be proud of making for a win-win for our board and community.



BOARD OF DIRECTORS

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COMMITTEE & CLUB CHAIRPERSONS

- Architectural Control..... 210-497-3022
- Block Captain - Gail Lamb/Daphne Sohocki 210-901-9936
- Crime & Safety Committee - Dyan Montesclaros ..210-481-7890
- Involvement Committee - Delisa Leopold 210-497-3022
- Over 50 Club - Dalia Benzick..... 210-497-3022
- Park Committee Chair - Peggy Wardlaw.....210-386-6601
- Pet Finder - Cindy Haines.....210-573-1085
- Pool Committee - Jason Williamson 210-497-3022
- Swim Team - John Kirschbaum..... 210-497-3022
- Women’s Club - Nancy Thomas..... 210-497-3022

**TO VOLUNTEER FOR A COMMITTEE,
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**ENCINO PARK
WOMENS’ CLUB**

By Donna Morton

Happy New Year to all!!

Thank you to the Women’s Club members who volunteered to put up and take down the Christmas decorations making our neighborhood entrances look festive for the season...Speaking of Christmas, our Christmas Dinner and Auction was such a wonderful event! The auction, aside from being such fun with Nancy Thomas as the auctioneer, enabled us to make a generous donation to a local family that definitely had a serious need. It was unanimous from all in attendance where the money should go.

Coming for **Monday, February 13 at 6:30pm**, in lieu of going out to dinner to celebrate Valentine’s Day we are having a **“Galentine’s Dinner”** at the Community Center. The evening will have a special meal that will be prepared by a committee of our members headed by Gail Lamb and Jeannie Morton. I hope all will come celebrate with laughter and friendship while enjoying a delicious meal.

The Encino Park Women’s Club scholarship application (with instructions) is included in this edition and the March newsletter. Applications will be due by April 3rd. Encino Park residents of at least two years, that will be furthering their education are eligible to apply. We invite graduating high school seniors, as well as any residents that will be attending a college or a trade school.

Finally, more good news: The Women’s Club will host a neighborhood garage sale. The dates will be **Friday, May 5** and **Saturday, May 6**. Start your Garage Sale plans now!

Out to Lunch



This month we will dine at Bourbon Street Seafood, on 1604 at Redland Road, on **Monday the 27th**. This has become our February tradition, usually to celebrate Mardi Gras.

Mardi Gras will be over by that date, but we will still celebrate all being together and dining on delicious food. The time is 11:30. Call **Janet at 210-481-9956** by Thursday the 23rd if you plan to attend. Carpooling will be available. Out-to-Lunch is open to all Encino Park ladies and friends. Come join us!



OVER 50 CLUB

Submitted by Dalia Benzick

We have started our new year with a positive feeling knowing that 2023 will bring spectacular sunrises full of color and promise. That’s how we face each day, our group of your senior EP neighbors that meet for lunch and fun every **first and third Tuesday of each month at 11:30 a.m.** in the EP Community Center. For more information, call the office at 210-497-3022 or just show up on our meeting days. You will be glad you came.

COMMUNITY INVOLVEMENT COMMITTEE

Upcoming Neighborhood Events:

March 11th – Playdate at the Park – Starting March 11th. Families with kiddos meet at the park from 10:00–11:30. Great way to meet your EP neighbors! Donuts and coffee provided.



April 15th – Night In Old Encino Fiesta Fun – Mark your calendars for April 15th from 5:00–8:00. More details to come!

December was fun!

Thanks to everyone who came out to the Holiday Movie Night at the Park. It was well attended and a fun way to kick-off the holiday season.

Our neighborhood looked so festive this holiday. The light displays were beautiful and fun for young and old! Congratulations to all the winners and a special thanks to all who voted for their favorites!

Join us!!

The Community Involvement Committee is looking for more people to become involved in making Encino Park an even better place to live! If you would like to be a part of creating, planning and implementing community events please consider joining the committee. **We meet every 2nd Tuesday of the month at 6:30** (except for February, we'll meet on February 15th at the Community Center). If you would like to volunteer to help with events that would be awesome too. Please contact Sunny Brown at gsbrown@swbell.net for more info or to volunteer.

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ELITE SERVICE

By the time you read this the **2023 HOA assessments** will be **PAST DUE**. Please reach out to the HOA office if you need any assistance setting up a payment plan or just need assistance in figuring out a way to pay your assessments. The Board of Directors doesn't want any homeowner to fall behind. Please contact the office at 210-497-3022 or contact@encinoparkhoa.com.



WE'RE GLAD YOU ASKED!

Q: I see the gates to the pool, tennis courts and basketball courts have changed, is there something I need to do?

Also, I see a lot of construction activity at the pool house, what is going on there?

A: Thank you for your great questions. The HOA board is hard at work improving our amenities. The gates have been upgraded to a better more reliable system and ADA compliant exit bars have been installed to all the gates. All you have to do is go online: www.SpectrumAM.com, and reactivate your existing key card.

As for the pool house, the HOA board approved the renovations of the pool house to address mold and lack of proper insulation in the building itself. If you recall (we all do...) the freeze of 2021, we discovered the pool house has zero insulation. This and the age of the building compelled the board to bring the building up to date and ensure it lasts another 40 years.

*Let us know if you have any questions.
We want you to stay informed.*

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CRIME & SAFETY COMMITTEE

Crime in the neighborhood in December was typical for Encino Park – minimal compared to other neighborhoods in San Antonio. We had a couple of vehicle burglaries, so we are advised to remove valuables from cars and lock them up. We also had some “disturbances”; if we practice the Golden Rule we can stop these.

SAPD has a new schedule of its Citizens on Patrol classes. If you would like to know how to support our officers by learning what to observe in our neighborhood and how we can take advantage of 311 services, consider this training. It’s a 3-hour training class held at the substation at 13030 Jones Maltsberger put on by Officer Cathalina Schneider. If you are interested, please call her at 210-207-5182 or email her at, Cathalina.schneider@sanantonio.gov. The next few classes are scheduled for the following Mondays and Saturdays:

- March 13 6:00-9:00pm**
- April 10 6:00-9:00pm**
- May 13 9:00-1:00pm**



If you experience a burglary or see something illegal, don’t post it to NextDoor only, email our SAFFE Officer Arturo Castellanos at arturocastellanos@sanantonio.gov. You can also report suspicious activity to the non-emergency numbers (210-207-7273 or 210-335-4750).

The Committee meets the first Wednesday of the month at 7 PM in the Community Center for 30-45 minutes. All residents of Encino Park are welcome.

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EP TEEN		DIRECTORY	
Name	Age	Contact	Services
Jake Belz	18	210-790-1484	Power Washing, Brush Hauling (2/23)
Wyatt Belz	16	210-309-5570	Power Washing, Brush Hauling (2/23)
Grace Bush	16	210-323-6708	Babysitting, pet sitting, dog walking, house sitting (5/22)
Faith Bush	12	210-323-6708	Babysitting & pet sitting (5/22)
Erin Heilbrun	16	210-801-5288	Babysitting, Pet sitting, dog walking, house sitting (2/23)
Julia Hendrix	16	210-363-7642	Babysitting, pet sitting, dog walking (11/22)
Ryan Kruger	15	210-787-0015	Lawn maintenance (7/22)
Maggie Micklitz	16	210-410-2990	Babysitting, Pet sitting, house sitting (6/22)
Clayton Micklitz	14	210-410-2990	Babysitting, Pet sitting, house sitting (6/22)
Vincent Prusinsky	18	210-722-5545	Lawn Mowing, trim hedges, weed eating, power washing services, Pet sitting, dog walking (12/22)
Ignacio Watkins	18	626-975-0676	Soccer coach, soccer trainer, fitness/cardio trainer (7/22)

Teen Service listings are free to all Encino Park residents under nineteen (19) years of age. Ads will run for one year, unless the advertiser calls and requests renewal. To add, remove, or edit your ad, call 210-558-3160 or email Ariel@neighborhoodnews.com. Please put “Encino Park Resident” in the subject line.

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2023 SCHOLARSHIP EPA ESSAY

REQUIREMENTS AND GUIDELINES

The Encino Park Women’s Club is a service organization that is offering a \$1200 scholarship this year. A committee of Women’s Club members will judge all entries. All applicants will be notified by mail.

Scholarship recipients will be recognized at the Women’s Club Awards Banquet on **May 8th**. Questions may be directed to Jeanne Morton @ 210-364-8325.

Encino Park Residents who meet the following requirements are encouraged to apply:

1. Applicant must have been an Encino Park resident for two years from the date of the application and be a member in good standing in the Encino Park Homeowner’s Association.
2. Individuals attending an accredited college or trade school for the 2023-24 academic year may apply. There is no age limit.
3. Applicant must submit an essay, a minimum of two (2) pages, double spaced and a maximum length of four (4) pages responding to the following:

“What is the greatest compliment you have ever been given and why was it meaningful to you?”

DO NOT PUT YOUR NAME ON YOUR ESSAY*

4. Applicants must submit a separate resume of his/her experiences including personal and academic achievements, grade point average (high school/college, if applicable), community involvement, extracurricular activities, and leadership positions, artistic and athletic achievements, and any outside employment. Include dates of membership in clubs as well as hours/time for each activity. References are not required but may be considered if submitted.

DO NOT PUT YOUR NAME ON YOUR RESUME*

5. An individual may receive our scholarship only once.
6. Applicant will write his/her name **only** on the attached “Scholarship Application” form.

Any application not complying with any of the above requirements will be disqualified.

Complete the scholarship application and attach it to your essay and resume. Your name should only appear on the Scholarship Application.

Place it in an 8x10 envelope marked “Scholarship” and **drop it off no later than 12 noon on Monday April 3rd**, at the Encino Park HOA office, 1923 Encino Rio, during office hours or in the HOA drop box when the office is closed. Only those applications received at the HOA office or in the drop box will be considered. **Remember* do not put your name on your resume or essay.**

ENCINO PARK 2023 SCHOLARSHIP ESSAY APPLICATION

NAME (LAST, FIRST): _____

EMAIL ADDRESS: _____

ADDRESS: _____

PHONE NUMBER: _____

YEARS AT THIS ADDRESS: _____

SCHOOLS BEING APPLIED TO: _____

ARE YOU OR YOUR MOTHER A WOMEN’S CLUB MEMBER? _____

IF NOT, WERE YOU OR SHE A PAST MEMBER? HOW MANY YEARS IN TOTAL WAS THE MEMBERSHIP? _____

BRIEFLY, IN WHAT CAPACITY HAVE YOU / SHE SERVED? _____

Please attach this application to your essay and resume. Place it in an 8x10 envelope marked “Scholarship” and **drop it off no later than 12 noon Monday, APRIL 3rd**, at the Encino Park HOA office, 1923 Encino Rio, during office hours, or in the HOA drop box when the office is closed. Only those applications received at the HOA office or in the drop box will be considered.



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Rodeo is coming back to San Antonio!

Feb 9th–26th at the AT&T Center

After a scaled-back season in 2021 due to COVID, the San Antonio Stock Show and Rodeo is back to its original Texas size. This year, the rodeo features a carnival and plenty of vendors, along with the usual bronco bustin' and steer ropin' fun.

Like previous years, the Rodeo features an entire concert series. If you're musically inclined, you can see Ronnie Milsap, Alabama, and Bret Michaels, among other, nationally known artists. Check out the website for more details.

To buy tickets, either go to www.sarodeo.com, use Ticketmaster or go in person to the Rodeo Ticket Office. Parking is a separate ticket, and is also date-specific, so please pay attention to the dates on both tickets to make sure they match.

Remember, a portion of your ticket purchases will contribute to agricultural scholarships throughout Texas. So, help your fellow Texans and enjoy the rodeo!



Recipe Corner

Slow Cooker Potato Soup

Ingredients:

- 3 lbs potatoes, peeled and cut into 1/2-inch cubes (8 cups)
- 1 large onion, chopped
- 1 jar (7 ounces) roasted sweet red peppers, drained and chopped
- 1 small celery rib, chopped
- 6 cups chicken broth
- 1/2 teaspoon garlic powder
- 1/2 teaspoon seasoned salt
- 1/2 teaspoon pepper
- 1/8 teaspoon rubbed sage
- 1/3 cup all-purpose flour
- 2 cups heavy whipping cream
- 1 cup grated Parmesan cheese
- 8 bacon strips, cooked and crumbled
- 2 tablespoons minced fresh cilantro



Source: <https://www.tasteofhome.com/>

Instructions:

Place first 9 ingredients in a 5- or 6-qt. slow cooker. Cook, covered, on low 5-6 hours or until potatoes are tender. Mix flour and 1/2 cup cream until smooth; stir into soup. Stir in 3/4 cup cheese and the bacon, cilantro and remaining cream. Cook, covered, on low until slightly thickened, about 30 minutes. Serve with remaining cheese.

APARA

AUTISM CENTER

Apara Autism Center Expands to San Antonio, Texas in January 2023

On Tuesday, December 27, 2022, Apara Autism Center announced its expansion to San Antonio, Texas as they open the doors to their tenth ABA clinic next month. Founded in 2019 by CEO Tyler Moore, whose daughter is on the autism spectrum, Apara is privately owned and currently has a presence in Houston and Dallas. With a center-based program dedicated to the principles of Applied Behavioral Analysis (ABA) Therapy, our clinicians help children ages 18 months up reach their fullest potential. The San Antonio clinic is set to open in January 2023 and is currently enrolling clients for their full and part time programs with no waitlist.

"We are honored to be part of the San Antonio community and to be able to widen access to the highest level of ABA therapy for many families who deserve the best possible care and compassion for their loved ones with our new clinic. With 1 in 44 children facing the challenge of being on the autism spectrum, Apara Autism Center's new San Antonio clinic will provide access to early intervention to many families. We look forward to being a proud member of the San Antonio community," says Apara Autism Centers Chief Operating Officer David Jordan.



To schedule a tour, complimentary consultation, or for questions regarding enrollment, contact us at **844-272-7223** or info@aparaautism.com.

Apara Autism Center
1922 Dry Creek Way Bldg. 2, Ste 101
San Antonio, TX 78259

Love is in the Air, and So Are Allergens

By Sharon Reynolds, Neighborhood News Staff Writer



February is a month of romance and love, but that's not the only thing lurking in the air this time of year. Allergens often run rampant during the winter months in South Texas because we have mild winters and therefore not all outdoor plants go dormant.

Mountain Cedar. One of the main allergens during the winter months in our regional area is mountain cedar. It's a funny name because the source of this allergen is from an ashe juniper tree, not a cedar tree, and is native to central Texas, not the mountains. According to [Gardeningknowhow.com](https://www.gardeningknowhow.com) (2022), the male trees bear cedar pollen cones at the ends of their branches, while the female trees bear berries that are a source of food for wildlife, so while this allergen is bothersome, it is of great benefit to our ecosystem.

Indoor Allergens. While outdoor allergens can cause sneezing, headaches, and fatigue during winter, there are also indoor aller-

gens to consider since the cold weather usually keeps us indoors. Many newer homes have better insulation to prevent warm air escaping, however, this can actually lead to increased symptoms because it seals us inside with allergens such as pet dander, dust, and mold.

According to [HopkinsMedicine.org](https://www.hopkinsmedicine.org) (2022), when a person is exposed to an allergen that they are allergic to, the body's immune system begins producing antibodies to attack the allergen. These antibodies overreact and attach themselves to a person's eyes, nose, and lungs resulting in inflammation. As inflammation occurs it creates mucus thereby making it more difficult for the body to eliminate the allergen.

There are a number of ways to prevent and treat a body's reaction to allergens, so don't let allergies dampen efforts to romance a loved one this time of year. If you are having allergy symptoms, seek out preventative measures and natural ways to treat allergies. However, please see your healthcare provider if your symptoms are severe or for additional information and help with allergies.

Resources:

- <https://www.gardeningknowhow.com/ornamental/shrubs/juniper/mountain-cedar-information.htm>
- <https://www.hopkinsmedicine.org/health/conditions-and-diseases/allergies-and-the-immune-system>



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