



PUBLISHED MONTHLY BY NEIGHBORHOOD NEWS, INC.

July 2022

## NEWS SUMMARY

Over 50 Club .....	2
Out To Lunch.....	2
Block Captains Program.....	3
Crime & Safety Committee .....	3
We're Glad You Asked .....	4
Stay Safe in the Summer Heat.....	5
The Importance of Stretching .....	6
Teen Services Directory.....	7

### FOR MORE INFORMATION

**OFFICE PHONE**  
210-497-3022

**EMAIL**  
CONTACT@ENCINOPARKHOA.COM

**ADDRESS**  
1923 ENCINO RIO  
SAN ANTONIO, TX 78259

**SPECTRUM ASSOCIATION  
MANAGEMENT**  
210-494-0659

**OFFICE HOURS**  
MONDAY 9 AM-2 PM  
WEDNESDAY 12 PM-6 PM  
FRIDAY 9 AM-2 PM

THE MANAGER WORKS  
REMOTELY ON TUESDAYS AND  
THURSDAYS. IF YOU NEED  
ASSISTANCE, PLEASE CALL  
210-497-3022 AND LEAVE A  
VOICEMAIL OR EMAIL CONTACT@  
ENCINOPARKHOA.COM.

## Message from the Board

By Chris Archer

It is officially summertime, and we are feeling the heat as temperatures have hit record highs, which means... it's time to hit up the pool. The pool will be open 1-9 pm daily until the week of August 15th when school starts, then it will be weekends only until it closes on September 25th.

The fourth of July parade and pool party were a huge success again this year. Kids and adults alike were able to play fun family games, enjoy food and just good old fashion pool time. We appreciate the pool committee for all their hard work and dedication for putting this event together. Cannot wait for next year.

As the world is getting back to normal, we hope you enjoy this summer whatever that may entail. Please be mindful of your speed as children will be playing outside on bicycles, scooters, motorized small vehicles and probably some new awesome toys. Our kids are our most precious commodity, **PLEASE SLOW DOWN AND KEEP AN EYE OUT FOR THEM.**



Women's Club will resume meeting in August!! **Monday, August 8 @ 7pm** we will have our first meeting. Bunco Night with a light supper. Bring \$5 for the evening play. Looking forward to a crazy night of fun!

**We have received several complaints from residents along the entire stretch of Park Ranch.** Residents have noticed **Dog Poop** on the street and in driveways.

Also, the grassy hill at the end of the street is not a dog park. Please be courteous and pick up after your dog wherever they do their business. Let's keep our streets and neighborhood clean. Thank you.





**BOARD OF DIRECTORS**

- RANDY SMITH - PRESIDENT
- JASON WILLIAMSON - VICE PRESIDENT
- CINDY CRAFT - TREASURER
- PEGGY WARDLAW - SECRETARY
- DOUG BOCK - PARLIAMENTARIAN
- CHRIS ARCHER - MEMBER AT LARGE
- DELISA LEOPOLD - MEMBER AT LARGE
- KEVIN NICKELS - MEMBER AT LARGE
- JAMES SANDOVAL - MEMBER AT LARGE

**COMMITTEE & CLUB CHAIRPERSONS**

- Architectural Control..... 210-497-3022
- Block Captain - Gail Lamb/Daphne Sohocki ..... 210-901-9936
- Crime & Safety Committee - Dyan Montesclaros ..210-481-7890
- Involvement Committee - Delisa Leopold ..... 210-497-3022
- Over 50 Club - Dalia Benzick..... 210-497-3022
- Park Committee Chair - Peggy Wardlaw.....210-386-6601
- Pet Finder - Cindy Haines.....210-573-1085
- Pool Committee - Jason Williamson ..... 210-497-3022
- Swim Team - John Kirschbaum..... 210-497-3022
- Women’s Club - Nancy Thomas..... 210-497-3022

**TO VOLUNTEER FOR A COMMITTEE, PLEASE CONTACT THE OFFICE.**

**ENCINO PARK SWIMMING POOL - 210-497-4333**

**OFFICIAL WEBSITE: [SPECTRUMAM.COM](http://SPECTRUMAM.COM)**

**INFORMATIONAL: [ENCINOPARKHOA.COM](http://ENCINOPARKHOA.COM)**

**Non-Emergency Numbers**

**Constable Precinct 3: 210-335-4750**  
**SAPD: 210-207-7273 311: (512) 974-2000**



**OVER 50 CLUB**

**By Dalia Benzick, Club Reporter**

It's July and just remembered that the Over 50 group started meeting again a year ago. Typically, the group shrinks over the summer due to vacations and having friends and families visit. This year, we will not meet on July 5th as it's part of an extended holiday weekend. In addition, an outing is planned in lieu of our meeting on July 19th. We will resume our bimonthly meetings on the first and third Tuesdays of the month on August 2nd. Until then, enjoy summer, stay cool, and let's all do a spirited rain dance. It just might work!



This month we will all stay in, or at the pool, and try to stay cool! We will not have an out-to-lunch gathering. Watch for the August newsletter to see where we will go, and when, as we resume our outings.



Our May lunch was at Sushi Haya at Bitters and Embassy Row. Four ladies thoroughly enjoyed sampling a variety of the delicious menu choices and visiting with each other as summer was beginning. Thank you to Nancy Thomas for selecting this restaurant and hosting.

Out-to-Lunch is open to all EP ladies and friends. Call Janet at 210-481-9956 for information. See you in August!



DOUBLE PANE WINDOWS • MIRRORED WALLS  
REPLACEMENT GLASS • SHOWER ENCLOSURES  
GLASS TABLE TOPS

*Free Estimates*

**B&T Glass & Mirror**

TOMMY MOON  
BRIAN MOON

**656-8507**

**FREE ESTIMATES!**

**IN BUSINESS FOR 20 YEARS!**

**WE DO IT ALL - LARGE OR SMALL JOBS!**  
**Call: (210) 885-8465**

- Small or Large Repairs
- Drywall Repair & Installation
- Rotted Wood Replacement
- Window & Door Replacement
- Deck Construction
- Painting
- Remodeling
- Ceramic Work

Email at: [Diversified1@icloud.com](mailto:Diversified1@icloud.com)  
[www.DiversifiedRemodeling.net](http://www.DiversifiedRemodeling.net)



## ENCINO PARK'S BLOCK CAPTAIN PROGRAM

**Block Captains and Neighborhood Ambassadors:** It's time to start thinking about plans for this year's SA Neighbors Together (previously National Night Out) on October 4th this year. We will be having our Informational meeting on the last Sunday in August to answer questions and hand out information on activities for this year's San Antonio Neighbors Together. Ideas for the types of activities and gatherings you can choose for that day can range from as little as asking your neighbors to turn on their porch lights at 7:00 p.m., handing out the EP Goodie Bags we put together, to having an outside block party potluck.

Studies indicate that neighbors who know each other report less crime in the area. Our goal is to have no crime in Encino Park! We are always looking for volunteers, so please consider becoming a Block Captain or "Neighborhood Ambassador" for your street.

Information about the Block Captain program is located on the EPHOA website:

<https://www.encinoparkhoa.com/block-captains>

Daphne Sohocki & Gail Lamb at 210-901-9936 or by email to

- [EPBlockCaptains@gmail.com](mailto:EPBlockCaptains@gmail.com)
- <https://www.facebook.com/groups/EPBlockCaptains/>
- [https://nextdoor.com/g/qg6mg8nle/?is=nav\\_bar](https://nextdoor.com/g/qg6mg8nle/?is=nav_bar)
- <https://www.linkedin.com/groups/7073004/>



### CALLING 311

To report potholes, stray animals, downed street signs, trash collection or other City requests, call 311. Office hours are **7:00am to 7:00pm Monday through Friday; 8:00am to 5:00pm Saturday and Sunday.**

**0%**  
Financing Available



**Wood • Tile • Carpet • Laminate • Waterproof • Vinyl**

**FREE ESTIMATES!**  
**210-239-9173**

[www.saflooringperfections.com](http://www.saflooringperfections.com)  
26610 US Hwy 281 N, San Antonio, TX 78260



## CRIME & SAFETY COMMITTEE

The Committee met in June and discussed the District 9 Neighborhood Alliance meeting where Chief McManus talked about increasing crime and violence in San Antonio and the nation. You can't help but notice that crime and violence is on the rise. Even in Encino Park incidences, while low as compared to other neighborhoods, are on the rise. Of the nine incidences reported to the Constables, five or 55 percent were burglaries of vehicles. All the cars were locked and very few items stolen; however, from one vehicle a gun was taken. So, please heed the advice to remove all valuables, especially weapons.

School is out so watch out for kids playing outside and drive the speed limit or slower. If out at night, wear white or light clothing.



If you see something, don't post it to NextDoor only, email our SAFFE Officer at [joel.freeman@sanantonio.gov](mailto:joel.freeman@sanantonio.gov). You can also report suspicious activity to the non-emergency numbers (210-207-7273 or 210-335-4750).

The Committee meets the first Wednesday of the month at 7 PM in the Community Center for 30-45 minutes. All residents are welcome to attend.




***Finding the right specialist for your orthopedic needs just got easier.***

*Call for an appointment today to get back your active life.*

Same day urgent care appointments available. Most insurance accepted.

**Dr. Alexandra Matthews**  
Fellowship-Trained Sports Medicine Specialist

**SPORTS MEDICINE CLINIC**  
255 E. Sonterra Blvd., Ste 110  
San Antonio, TX 78258



**ORTHOPEDIC PERFORMANCE INSTITUTE**

*In practice with  
Dr. Chris Phelps and  
Dr. Matthew Dwyer.*

**(210) 545-7171 | [orthopedicperformance.com](http://orthopedicperformance.com)**

# WE'RE GLAD YOU ASKED!



Did you know that residents can reserve a single cabana, or the entire pool, for your party or event? The deposit to hold a cabana is \$50 and an additional \$35 for 1-25 guests or \$110 for 26-49 guests and requires at least two weeks' notice so that the pool management company can adjust their lifeguard schedules. Cabanas are rented from 1 pm-4 pm or 5 pm-8 pm during the regular pool hours, 1 pm-9 pm daily, and the pool can only be rented outside regular hours, 8 pm-10:30 pm. The prices vary, depending on how many people will be in the party. Contact the EPHOA office for more details and for availability.

Residents or non-residents can also rent the Community Center for their special events. There is a \$100 deposit, and a \$250/day rental fee for residents of Encino Park, and a \$300 deposit and \$750/day rental fee for non-residents. An \$85 cleaning fee is included in the rental fee. The rental includes the main room, the kitchen, and the bay area (garage), as well as the use of tables and chairs. This is the cheapest rental in the area, so it books up quickly; just contact the office for availability, 210-497-3022 or [contact@encinoparkhoa.com](mailto:contact@encinoparkhoa.com).

Homeowners, if you haven't already done so, please go to [www.SpectrumAM.com](http://www.SpectrumAM.com) to register your account to be able to receive emails, announcements of board meetings, see the association governing documents, and pay your annual assessments.

**Still ONLY \$67.00**

**Best Air Conditioning & Heating**  
Call Now for an Appointment!  
**(210) 494-2255**

**Best Air Conditioning can come to your home and fix any problems with your A/C and Heating system quickly and at the best price in TOWN!**

**Spring 12-point Tune-up Includes:**

- Check & Adjust Freon Levels
- Check Capacitors
- Inspect & Clean Contactors
- Inspect Blower
- Check Current Draw, Voltage, etc.
- Inspect & Oil Motors
- Wash Condenser Coil
- ... and so much more!

Licensed & Insured  
TACL24480E

**SENIOR & VETERAN DISCOUNTS!**

# Drought is No Match for a WaterSaver Garden

By Cleveland Powell and Brad Wier,  
SAWS Gardenstyle San Antonio



Flash back to summer 2021, when it seemed to rain almost every week for half the summer. What a contrast to 2022, with months of dry weather behind us and three months of a mostly dry summer ahead.

Landscaping in Texas always means making the most of unpredictable weather without losing our cool doing it. On the bright side, WaterSaver gardening means designing for weather just like this. Preparing and toughening your landscape for the inevitable dry times.

Instead of considering drought as a crisis we hope never happens, your WaterSaver landscape uses drought as a starting point and makes it look its best. Texas has always been a drought-prone part of the world, and the native landscape can actually be quite lush and green on its own. After all, plenty of plants called this part of the world home long before people started watering them.

Using the right plants in the right place in your landscape means less time worrying about watering and yardwork during the hottest days of the year, and more time enjoying your outdoor living space.

The trick, of course, is the trial and error of finding the right plants for your landscape's specific conditions, and plants that are accustomed to our feast or famine precipitation regime.

Another strategy to minimize turf and save water is to observe the rule of thirds: 1/3 landscaping, 1/3 turf and 1/3 permeable hardscape (patios, decks, walkways, etc.) Hot dry seasons like these are a great opportunity to analyze your landscape and see what's working, what's not, and — with help from our WaterSaver programs — where you can replace grass with living landscaping or a functional feature.

At least two tools WaterSaver landscapers need in their toolbox are planning and attitude.

- **Planning ensures the right plant goes in the right place.** Often grass isn't the right plant if you want to save water. Do you have a patch of turf that never seems to make it through the summer without browning out? Maybe the trees are shading it out? These are excellent areas to convert to landscape beds, groundcovers, patios, and much more.
- **Attitude:** A drought gardener knows their garden will not look the same every season. In Texas we have two major seasons that come at any time of the year: wet and dry. Once native plants are established, they have the amazing ability to go dormant when it's dry and perk up as soon as it rains.



## Never Leave Your Child or Pet Alone in a Car

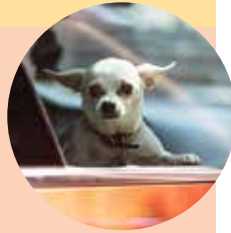


Don't risk your child's life by leaving them in the car alone during hot weather. A child's body can heat up five times faster than an adult's, and even in cooler weather, cars can heat up to dangerous temperatures very quickly. On a mild day, the temperature inside a car can rise 20

degrees above the outside temperature in just 10 minutes or less! Here are tips to help keep your child safe this summer:

- Make a habit of checking your vehicle before leaving it. **Look before you lock!**
- Keep a stuffed animal or other objects next to you in the car as a reminder that your child is with you.
- If you ever see a child left alone in a car, **call 9-1-1 immediately!**

Pets can get dehydrated quickly. Make sure you take precautions to keep your pet safe.



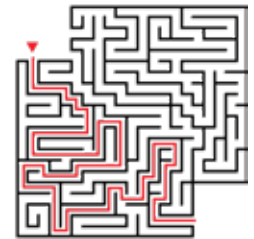
- Give your pet plenty of water when it's hot outdoors. Make sure to fill their water bowl before you leave.
- Make sure they have a shady place to get out of the sun.
- Be careful not to over-exercise your pet. Too much playtime in the hot sun is dangerous for them.
- Hot asphalt and tar can burn sensitive paw pads, walk your pet on grass or dirt when possible.
- Keep your pet indoors when it's extremely hot outside.
- **Never leave your pet in a car!** Pets can overheat in minutes so don't put them at risk! Leave them home during hot weather.

## METRO PAINTING & HOME IMPROVEMENTS

Carpentry • Tile • Dry Wall • Pressure Washing  
Painting • Interior • Exterior

*Call for Free Estimates*

**David Espinoza, Owner**  
**210-749-9434**



### Newer roof. Lower rate.

Allstate House & Home® Insurance

**Your roof could help reduce your rate.**  
When your new roof goes up, your premium could go down. If you recently purchased a new home or replaced the roof on your current home, with Allstate House & Home Insurance you may qualify for a lower rate. Call us today for a free quote.

**David Pfau Insurance**  
**210-538-6664**  
17230 Bulverde Road  
Bulverde Marketplace  
davidpfau@allstate.com

Subject to terms, conditions and availability. Allstate Vehicle and Property Insurance Co. © 2018 Allstate Insurance Co.

## Crime Prevention Tip

### LOCK, TAKE, HIDE

One of the easiest ways to prevent becoming a crime victim is to lock your car doors. Leaving cars unlocked in your driveway allows easy access to see what can be stolen. Please keep the crime tip of **LOCK, TAKE, HIDE** in mind. Lock, Take, and Hide is an easy 3-step plan that drastically reduces your chances of becoming a victim:

1. **Lock** your car doors.
2. **Take** your keys and valuables with you. (This includes cell phones, wallets/purses, GPS units, computers, weapons, and jewelry).
3. **Hide** those valuables so they aren't in plain sight.



## Protect Your Independence - Importance of Stretching

By Sharon Reynolds, Neighborhood News Staff Writer



As we age, it's important to protect our independence. One way we can do this is by stretching each day. Stretching is not for just professional athletes, but for everyday people like you and me. The best way to ensure your muscles remain healthy, strong, and flexible is to make it a daily habit.

For those of us who are forced to sit for hours upon hours each day at our job, stretching is mostly likely the furthest things from our minds. However, sitting for long periods of time can cause our muscles to tighten, thereby making it more difficult to walk. Additionally, muscles may become damaged when trying to exert oneself without proper stretching which can lead to joint injury.

Find yourself falling often? Stretching may help. Stretching keeps muscles flexible and strong which can help if you have problems with balance and experience falls. Mobility muscles are found in your lower extremities, so focus on stretching your lower body (legs, hamstrings, calves, quadriceps, hips) three times per week. Remember to always clear intended stretching routines with your primary care doctor before embarking on this new lifestyle change.

Keep up a stretching routine to experience the full benefits of your efforts. Your muscles didn't get tight overnight, so it's going to take a few months to realize the full benefits.

Resources: [www.health.harvard.edu/staying-healthy/the-importance-of-stretching](http://www.health.harvard.edu/staying-healthy/the-importance-of-stretching)

## Tell them you saw their ad in your Neighborhood Newsletter!

### They'll Love you for it!



We're going the extra mile to connect you with your neighboring businesses!

\*\*Let us know you connected and we'll send you a FREE T-Shirt or a baseball cap!

[info@neighborhoodnews.com](mailto:info@neighborhoodnews.com)

**Neighborhood News**  
News that's close to home.  
[neighborhoodnews.com](http://neighborhoodnews.com)

## John Travis / architect

Specializing in residential design, additions & remodeling

office: (210)481-3022

cell: (210)683-3834

[jtravis2@satx.rr.com](mailto:jtravis2@satx.rr.com)

# ENCINO PARK TEEN DIRECTORY

Name	Age	Contact	Services
Jake Belz	16	210-790-1484	Power washing
Carson Benavides	12	210 727-8607	Dog walking, pet sitting
Grace Bush	16	210-323-6708	Babysitting, pet sitting, dog walking, house sitting
Faith Bush	12	210-323-6708	Babysitting & pet sitting
Emma Cline	16	210-912-9588	Pet sitting, dog walking & house sitting
Deven Garcia	17	210-643-3000	Lawn mowing, power washing & pet sitting
Matthew Garcia	15	210-643-3000	Lawn mowing, power washing & pet sitting
Javier Garrido		210-997-0771	Dog walking, lawn mowing, Bilingual
Alex Hansen	15	210-852-8651	Lawn mowing
Erin Heilbrun	15	210-801-5288	Babysitting and pet sitting
Julia Hendrix	15	210-363-7642	Babysitting, pet sitting, dog walking
Emily Hougen		210-632-0406	Babysitting, dog sitting, dog walking
Madison Kirschbaum	14	210-309-1527	Babysitting, pet sitting, dog walking, house sitting

Name	Age	Contact	Services
Timothy Massa	17	210-913-8126	Pet sitting
Maggie Micklitz	16	210-410-2990	Babysitting, Pet sitting, house sitting
Clayton Micklitz	14	210-410-2990	Babysitting, Pet sitting, house sitting
Carroll Montgomery		210-373-8841	Lawn Maintenance
Maria Palacios	17	210-838-7214	Pet sitting
Vincent Prusinsky	17	210-722-5545	Lawn mowing, pet sitting, dog walking, weed eating/trim hedges/power/pressure washing
Jacob Rios	18	512-954-5219	I can do dog walking, pet sitting, and technology help
Kort Robinson	14	210-777-2622	Lawn mowing & pet sitting
Eoin Shearer	12	210-663-1606	Dog Walking, pet Sitting, Lawn Mowing
Angela Zamora	16	210-780-2099	Babysitting, pet sitting and dog walking
Ignacio Watkins	18	626-975-0676	Soccer coach, soccer trainer, fitness/cardio trainer

Teen Service listings are free to all Encino Park residents under nineteen (19) years of age. Ads will run for one month only, unless the advertiser calls and requests renewal. To place, remove, or edit a teen directory listing or classified ad, call 210-558-3160 or email Ariel@neighborhoodnews.com. Please put "Encino Park Resident" in the subject line.



PLEASE JOIN US FOR AN

*Open House*

TO CELEBRATE OUR  
20TH ANNIVERSARY!

**Wednesday, August 10, 2022**

Stop by anytime from 4PM to 6PM  
Appetizers, Cocktails, Door Prizes & Raffles

**15909 San Pedro Ave. Suite 200 • San Antonio, TX 78232**

## Erin McLendon DDS & Associates

Schedule online anytime at  
[www.erinmclendondds.com](http://www.erinmclendondds.com)

# 210-494-4011



Dr. Erin McLendon



Dr. Devon Fulbright



Dr. Matt Miller

**Insurance Providers:**  
United Healthcare PPO • Cigna PPO

Don't forget to use your benefits twice a year.

**Encino Park Homeowners Association**  
c/o Spectrum Association Management, LP  
17319 San Pedro, Suite 318  
San Antonio, TX 78232

PRSR STD  
US POSTAGE  
PAID  
SAN ANTONIO, TX  
PERMIT NO.1568

*Time Dated*



**SCAN ME**

To view this  
newsletter online.

**GailLambSells.com · GailLambSells@gmail.com · 210.872.0644**



*Oh, by the way...  
I'm never too  
busy for any of  
your referrals!*

**Spring Cleaning  
SPECIAL:**

**FREE Move In or Move  
Out HOUSE CLEANING**



- ★ 23-Year Encino Park Resident
- ★ Encino Park Block Captain Co-chair
- ★ Encino Park Pool Committee Member
- ★ Proud Sponsor: Encino Park Blue Sharks Swim Team
- ★ Active NEISD Community Partner



**Gail Lamb, Realtor**

**Certified Market Specialist  
Accredited Buyers Rep.  
Military Relocation Specialist  
Luxury Home Marketing Specialist**



**PLATINUM  
TOP 50  
2020 WINNER**

***YOUR BUYING, SELLING & INVESTING REAL ESTATE SPECIALIST!***

**kw HERITAGE**  
KELLERWILLIAMS.REALTY

**CALL GAIL  
FOR THE SALE**

**210.872.0644**

Texas Real Estate Commission regulates law that requires all license holders to provide the Information About Brokerage Services form to prospective clients.