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February 2024

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### FOR MORE INFORMATION

**OFFICE PHONE**  
210-497-3022

**EMAIL**  
CONTACT@ENCINOPARKHOA.COM

**ADDRESS**  
1923 ENCINO RIO  
SAN ANTONIO, TX 78259

**SPECTRUM ASSOCIATION MANAGEMENT**  
210-494-0659

**OFFICE HOURS**  
MONDAY 9 AM–2 PM  
WEDNESDAY 12 PM–6 PM  
FRIDAY 9 AM–2 PM

THE MANAGER WORKS REMOTELY ON TUESDAYS AND THURSDAYS. IF YOU NEED ASSISTANCE, PLEASE CALL 210-497-3022 AND LEAVE A VOICEMAIL OR EMAIL CONTACT@ENCINOPARKHOA.COM.



## Message from the Board

*By Randy Smith*

Happy New Year! As we kick off 2024, we hope this newsletter finds you in good spirits. While South Texas may not be known for its harsh winters, recent trends show a gradual increase in cold weather. To help you keep your homes cozy and crack-free during these chilly stretches, here are four essential tips:

### 1. Inspect and Seal Windows and Doors:

Check for any gaps or cracks around windows and doors. Even small openings can let in chilly drafts. Use weather stripping or caulk to seal these gaps and keep the warmth inside.

### 2. Service Your Heating System:

Before the cold weather sets in, make sure your heating system is in top-notch condition. Change filters regularly, and if needed, schedule a professional inspection to address any potential issues. A well-maintained heating system not only keeps you warm but also helps prevent structural problems caused by temperature fluctuations.

### 3. Protect Outdoor Pipes:

Even in milder climates, freezing temperatures can pose a threat to outdoor pipes. Insulate exposed pipes to prevent them from freezing and bursting. Consider using pipe sleeves or heat tape to add an extra layer of protection. It’s a small investment that can save you from potential water damage.

### 4. Check and Clean Gutters:

Clear out any debris, leaves, or dirt from your gutters. Proper drainage is crucial during colder months to prevent ice dams from forming. Ensure that water can flow freely, reducing the risk of leaks or structural damage.

As always, your Encino Park Board is here to support and assist you. If you have any concerns or need further guidance on winterizing your home, don’t hesitate to reach out. The EPHOA office phone number is 210-497-3022 or email at [contact@encinoparkhoa.com](mailto:contact@encinoparkhoa.com).

*Wishing you a warm and wonderful New Year!*



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**COMMITTEE & CLUB CHAIRPERSONS**

- Architectural Control..... 210-497-3022
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- Crime & Safety Committee - Dyan Montesclaros ..210-481-7890
- EP Involvement Committee - Sunny Brown ..... 210-497-3022
- Over 50 Club - Dalia Benzick..... 210-497-3022
- Park Committee - Peggy Wardlaw .....210-386-6601
- Pet Finder - Cindy Haines.....210-573-1085
- Pool Committee - Cara Jacobsen ..... 210-497-3022
- Swim Team - John Kirschbaum..... 210-497-3022
- Women’s Club - Nancy Thomas..... 210-497-3022
- Sew Bee It - Joan Raver ..... 210-497-3022

**TO VOLUNTEER FOR A COMMITTEE,  
PLEASE CONTACT THE OFFICE.**

**ENCINO PARK SWIMMING POOL - 210-497-4333**

**OFFICIAL WEBSITE: [SPECTRUMAM.COM](http://SPECTRUMAM.COM)**

**INFORMATIONAL: [ENCINOPARKHOA.COM](http://ENCINOPARKHOA.COM)**

**Non-Emergency Numbers**

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**John Travis / architect**

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cell: (210)683-3834  
[jtravis2@satx.rr.com](mailto:jtravis2@satx.rr.com)



**2024 Calendar of Events**

We’ve got a fun year of community events lined up for 2024, with something fun happening every month! The Committee is still firming up plans and actual dates, but here is our plan at this point:

- **Playdate at the Park- Every month on the second Saturday, from 10:00-11:30**
- **Night in Old Encino- April 27**
- **Memorial Day Opening Pool Party- May**
- **Concert or Movie in the Park (TBD)- June**
- **4th of July Parade and Pool Party- July**
- **Middle School Night at the Pool- August**
- **High School Night at the Pool- August**
- **End of Season Labor Day Pool Party- September**
- **Fall Fair and Chili Cook-off- October or early November**
- **Holiday Movie Night in the Park- December**
- **Holiday Lights Contest- December (see 2023 Holiday Light Contest winners on page 3)**

**Come Join Us**

With 22 community events planned this year, we could use some help! We would love to have you join the committee to help plan and deliver our 2024 events! We meet once a month at the Community Center on the first Tuesday at 6:30. If interested, please email us at [gsbrown@swbell.net](mailto:gsbrown@swbell.net). Also, this year we will be using Sign Up Genius to recruit volunteers to help staff our events, so if you’d like to help out but can’t commit to monthly meetings, keep your eye out for more information on how to volunteer for specific events.

**Follow Us On  
Facebook**

We started an EPIC Facebook page in November, and are gaining followers every week. Please follow us at Encino Park Involvement Committee to be in the know on the EPIC events happening this year.



# Holiday Lights Decoration Winners

Encino Park really stepped up our Holiday Lights game this year with so many beautiful and amazing displays! Thank you all for your incredible efforts and for voting for your favorites!

## Congratulations to Our Winners!

The winners of our Annual Decorating Contest are:



**1st Place**  
1st Place - 19507 Encino Creek



**2nd Place**  
2nd Place - 1940 Encino Cliff



**3rd Place** - 20018 Creek Farm



**4th Place** - 2327 Encino Point



**5th Place** - 19715 Encino Knoll




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# ENCINO PARK WOMENS' CLUB

By Donna Morton

## 2024 SCHOLARSHIP ESSAY REQUIREMENTS AND GUIDELINES

The Encino Park Women's Club is a service organization that is offering **2 (two) \$1000 scholarships** this year. A committee of Women's Club members will judge all entries. All applicants will be notified by mail. Scholarship recipients will be recognized at the Women's Club Awards Banquet on May 13. Questions may be directed to Jeanne Morton @210-364-8325.



Encino Park Residents who meet the following requirements are encouraged to apply:

1. Applicant must have been an Encino Park resident for two years from the date of the application and be a member in good standing in the Encino Park Homeowner's Association.
2. Individuals, this year, must be graduating seniors from high school.
3. Applicant must submit an essay, a minimum of two (2) pages, double spaced and a maximum length of four (4) pages responding to the following:

This is a New Year, 2024! Like every New Year people vow to make a better version of themselves by starting, stopping and continuing personal actions and activities to make a better version of themselves. Write what you personally plan to start, stop and continue (all three) doing to get yourself ready for your future.

**\*DO NOT PUT YOUR NAME ON THE ESSAY\***

4. Applicants must submit a separate resume of his/her experiences including personal and academic achievements,

grade point average, community involvement, extracurricular activities, leadership positions, and artistic and athletic achievements. Include dates of membership in clubs as well as hours/time for each activity. References are not required but will be considered if submitted.

**\*DO NOT PUT YOUR NAME ON THE RESUME\***

5. An individual may receive our scholarship only once.
6. Applicant will write his/her name only on the attached "Scholarship Application" form.

**Any application not complying with any of the above requirements will be disqualified.**

Complete the scholarship application and attach it to your essay and resume. Your name should only appear on the scholarship application.

Place the application in an 8x10 envelope marked "Scholarship" and drop it **off no later than 12 noon on Monday, April 8** at the Encino Park HOA office, 1923 Encino Rio, during office hours or in the HOA drop box when the office is closed. Only those applications received at the HOA office or in the drop box will be considered. **Remember\* do not put your name on your resume or essay.**

### ENCINO PARK 2024 SCHOLARSHIP ESSAY APPLICATION

Last, First Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Address: \_\_\_\_\_

Years at this address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Schools being applied to: \_\_\_\_\_

\_\_\_\_\_

Is your Mother a Current Women's Club Member?  
yes \_\_\_\_\_ or No \_\_\_\_\_

If Not, is She A Past Member? How Many Years in Total was The Membership? \_\_\_\_\_

Please attach this application to your essay and resume. Place it in an 8x10 envelope marked "Scholarship" and drop it off **no later than 12:00 noon Monday, April 8**, at the Encino Park HOA office, 1923 Encino Rio, during office hours, or in the HOA drop box when the office is closed.

Only those applications received at the HOA office or in the drop box will be considered.

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**February brings the celebration of Valentine's Day. It also brings Galentine's Day for Encino Park!**

**Monday, February 12 @ 6:30pm**  
**We will dine at Tutto Pepe Osteria**

The chefs are graciously preparing a pre-fixed menu for us, several choices for \$25. Great reviews are posted for this eatery, and it is very close. The location is Bulverde and Evans. Join us and bring a friend to celebrate our "Gal Pals"!!



I would like to provide an update on the Christmas Dinner and Auction, a roaring, festive evening at Sunny Brown's home. Nancy Thomas, our auctioneer for the evening, kept the fun going as funds were raised to donate to charity. All in attendance voted on two charities **Aid the Silent and Wonders and Worries**, both provide children assistance, which is the goal of this event.



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 San Antonio, TX 78259

[miosotiscreations@yahoo.com](mailto:miosotiscreations@yahoo.com)

# Out to Lunch



This month we will return to a favorite restaurant of ours, Bourbon Street Seafood at 1604 and Redland Road. **We will go on Tuesday the 27th at 11:30.** Mardi Gras will be over, but we can still enjoy the wonderful New Orleans inspired Cuisine that they offer.

Please call Janet at 210-481-9956 by **Friday the 23rd** if you plan to attend. Car pooling will be available. All EP ladies and friends are welcome to attend! We always have a good time with lively conversation and socializing while enjoying delicious food.



## You are invited to join Encino Park's SEW BEE IT group

**Tuesday, February 13**  
**from 9:00 am – 2:30 pm**  
**at the Encino Park Community Center**

We are a group that enjoys working with tread, yarn, fabric, needles – all things sewing. Each person brings everything they need to work on individual projects, plus their own lunch. Tables and chairs are provided. We also bring completed projects for Show and Tell. Mark your calendar now and we'll see you in February. If you have questions, please contact Joan Raver (joanraver@gmail.com, 210-885-6616).

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## WE'RE GLAD YOU ASKED!

**Question: I am interested in volunteering for some of the events taking place in our neighborhood, but I don't want to commit to joining one of the committees. Do you have any suggestions?**

**Answer:** That is a great question! Time is a luxury these days and it is hard to attend monthly committee meetings and also be a part of the planning for our events. But we know there are so many neighbors who want to help in other ways. There are events and activities taking place just about every month so there should be something that matches your interest. One suggestion is to call the manager's office at 210-497-3022 or email at [contact@encinoparkhoa.com](mailto:contact@encinoparkhoa.com) and you will be put in touch with the person organizing the event.

As an example, in 2024, we are hoping to implement monthly or quarterly "Neighborhood Clean Up" days. It will be 1 hour, we'll meet at the park for lemonade (or cocoa, depending on time of year) and will send everyone out to clean up the park, Encino Rio, and if we have enough volunteers, maybe even assign people to different sections of Encino. The clean up may just be picking up trash or it may develop into planting florals around the main entrance sign or removing brush. We will advertise on the front entrance marquee, on Facebook, emails and in our newsletter. Keep an eye out! We hope to have dates for the year soon!

Thank you for your interest in helping out at one of the many events taking place in our great community!



### Dial 311 to Request City Service Assistance

Call City Customer Service at 311 to request assistance with city-related problems such as pothole repair, missing or damaged street signs, overgrown vegetation in city easements, stray animals, or abandoned cars. Customer service hours are 7 AM to 11 PM Monday through Sunday, including all holidays.

# Night in Old Encino

## Saturday - April 27<sup>th</sup> 5:00 to 8:00

**KID CRAFTS**

**FOOD**

**GAMES**

**EPIC EVENTS**  
ENCINO PARK INVOLVEMENT COMMITTEE

**MUSIC PARADE**

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# EP TEEN DIRECTORY



Name	Age	Contact	Services
Wyatt Belz	17	210-309-5570	Power washing, brush hauling (2/23)
Faith Bush	14	210-323-6708	Pet sitting, house sitting (12/23)
Grace Bush	18	210-323-6708	Babysitting, house sitting (12/23)
Joseph Bush	16	210-323-6708	Lawn mowing, dog walking (6/23)
Javier Garido	17	210-997-0771	Lawn mowing, pet sitting, car wash, weed eating (3/23)
Erin Heilbrun	16	210-801-5288	Babysitting, pet sitting, dog walking, house sitting (2/23)
Maggie Micklitz	17	210-410-2990	Babysitting, pet sitting, house sitting (8/23)
Clayton Micklitz	15	210-410-2990	Babysitting, pet sitting, house sitting, lawn mowing, power washing (8/23)
Caleb Schoellhorn	14	210-996-9163	Lawn maintenance (10/23)
Ryan Kruger	16	210-787-0015	Lawn maintenance, power washing, dog sitting (2/24)

Teen Service listings are free to all Encino Park residents under nineteen (19) years of age. Ads will run for one year, unless the advertiser calls and requests renewal. To add, remove, or edit your ad, call 210-558-3160 or email [Ariel@neighborhoodnews.com](mailto:Ariel@neighborhoodnews.com). Please put "Encino Park Resident" in the subject line.

## Friendly Pet Reminder

If you leave your dog outside, please be mindful that many residents are working from home and a dog barking constantly is a nuisance.



KEEP PETS INSIDE DURING FREEZING WEATHER! IF YOUR COLD OUT, SO ARE THEY!

CHILDREN IN YOUR COMMUNITY NEED YOUR HELP.



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## OVER 50 CLUB

Submitted by Dalia Benzick



The Over 50 group has restarted our meetings with renewed enthusiasm. For newcomers to Encino Park, we afford the opportunity to those residents over the age of 50 wanting to get out of the house, looking to make new friends, and to establish a support group outside of their immediate family. We meet twice a month, the **first and third Tuesdays of the month 11:30-2:00**, at the Community Center, eat lunch together, enjoy fellowship, the have fun and energize the brain by learning and playing new games. For more information, call the EP office or just come!

We invite you to join us and bring new ideas for activities that can be enjoyed by all. Laughter is not hard to share with others and brings smiles to our hearts.

## DID YOU KNOW?



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# ENCINO PARK'S BLOCK CAPTAIN'S CORNER

**Daphne Sohocki & Gail Lamb**  
Encino Park Block Captains Co-Committee  
Chairs

**epblockcaptains@gmail.com**  
**210.901.9936**

**<https://www.encinoparkhoa.org/about-4>**

If you are the "Go-To Person" for your street, please think about becoming the Block Captain, Co-Block Captain, or "Neighborhood Ambassador" for your street or block of Encino Park! Here are the streets that currently do not have any coverage:

Encino Brook (19602-19734)

Encino Brook (19810-19911)

Encino Cabin

Encino Cliff (2136-2202)

Encino Crest

Encino Crossing

Encino Crown

Encino Gap

Encino Rio (1706-1726)

Encino Rock

Encino Royale (19918-19967)

Encino Spur

Encino Valley

Encino Valley Circle

If your street is not listed, please consider becoming a Co-Block Captain. Most of our Encino Park Block Captains are covering more than 1 street and would love the help! Reach out to us today. Together we make our community a safe and great place to live!

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## LOOKING FOR A GATHERING SPACE FOR YOUR NEXT EVENT?



Did you know that our Encino Park Community Center is available to rent? If you have an upcoming event - a birthday party, family reunion, or something similar - consider taking advantage of this venue. It's in our neighborhood, the pricing is attractive, and it's a great place to build memories.

The Community Center rental space includes the main room (35'x41'), the bay area/garage, the restrooms and the full kitchen space. Everything inside the building has been freshly painted in the past year and we also have new lighting to make the space warm and perfect for a gathering. You will also have use of 6x30 tables (29), 55" round table (4) and (50) chairs.

As an Encino Park resident, you are offered the use of this facility at a discounted rate of \$250 for the day which includes an \$85 cleaning fee. A deposit of \$100 is also required. There are non-resident rates available as well.

For more information, go to [encinoparkhoa.org](http://encinoparkhoa.org) and click on Amenities and click on Rental Agreement. You can also contact the Encino Park office at 210-497-3022 or [contact@encinoparkhoa.com](mailto:contact@encinoparkhoa.com)





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## Basketball Courts

Encino Park has some amazing amenities to offer to our residents. One of the amenities is our basketball courts behind the community center. They are constantly used for an easy game of pickup, or weekly games with residents. Things to remember though, regarding the basketball courts:

The basketball courts are for residents only. Of course, our residents can invite non-resident friends to play, but there needs to be a resident with them.

The basketball courts are key access with our neighborhood issued card key. Propping the door or jamming it can break the door, which can lead to safety concerns and costs associated with repairing the locks. If the card key is not working, please contact the HOA Office at the Community Center.

The basketball hours are 8am-8pm. Yes, in the summer the daylight hours are longer, but we have the earlier end time due to close proximity of neighboring houses to the basketball courts. See Key Card info on page 11.



## New Project?

Now reach our full listing of vetted and reliable service providers ONLINE

**NeighborsWeb.com**  
Online Business Directory

Yes, the businesses that you have come to know and love in your newsletter are now available in our NEW Online Service Directory.



## RECIPE CORNER

### AIR FRYER BUFFALO CAULIFLOWER

Active Time: 15 minutes Total Time: 30 minutes

#### Ingredients: 4 servings

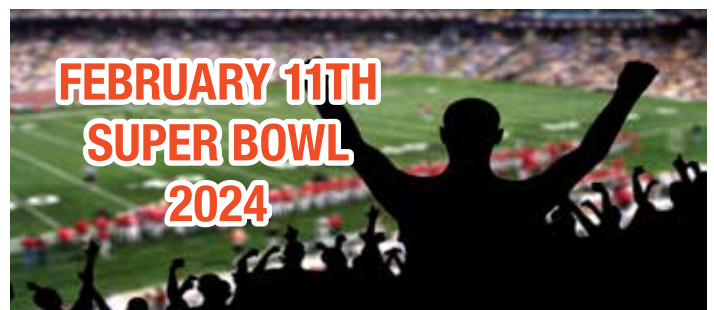
- ¾ cup hot sauce (preferably Frank's)
- 4 Tbsp. unsalted butter, melted
- 2 Tbsp. honey or agave nectar
- Nonstick vegetable oil spray
- ⅔ cup all-purpose flour
- ⅔ cup cornstarch
- ¼ cup extra-virgin olive oil
- 1 Tbsp. Diamond Crystal or 1¾ tsp. kosher salt, plus more
- 2 tsp. freshly ground pepper, plus more
- 2 tsp. smoked paprika
- 2 tsp. garlic powder
- 1 medium head of cauliflower (1½–1¾ lb.), cut into florets
- Celery sticks, carrot sticks, sliced green onions, and/or blue cheese dressing (for serving; optional)



By Jesse Szewczyk  
epicurious.com

#### Directions:

1. Whisk together ¾ cup hot sauce, 4 Tbsp. unsalted butter, melted, and 2 Tbsp. honey or agave nectar in a large bowl; set sauce aside.
2. Heat air fryer to 400°. Generously coat air-fryer basket with nonstick vegetable oil spray (if it has a mesh bottom, line it with a sheet of parchment paper). Whisk together ⅔ cup all-purpose flour, ⅔ cup cornstarch, ¼ cup extra-virgin olive oil, 1 Tbsp. Diamond Crystal or 1¾ tsp. Morton kosher salt, 2 tsp. freshly ground pepper, 2 tsp. smoked paprika, 2 tsp. garlic powder, and ¾ cup water in a large bowl until smooth. Add 1 medium head of cauliflower (1½–1¾ lb.), cut into florets, to bowl and toss to coat evenly. (Mixture will be very thick.)
3. Working one at a time, transfer cauliflower florets to air-fryer basket, letting excess batter drip back into bowl, and arrange in a single layer. Air-fry, shaking halfway through, until golden brown and a crunchy shell forms, 15–18 minutes. (If your air fryer is too small to fit all of the cauliflower in a single layer, cook in 2 batches; reheat the first batch in the air fryer 2 minutes before tossing all of the florets in the reserved sauce.)
4. Immediately transfer cauliflower to reserved sauce and toss to coat on all sides. (If the sauce is cold by the time you are ready to use it, reheat in the microwave 15 seconds before tossing the cauliflower in it.) Arrange on a plate and serve with celery sticks, carrot sticks, sliced green onions, and/or blue cheese dressing if desired.



# Reach Your Weight Goals with NEAT Exercises

By Sharon Reynolds, Neighborhood News Staff Writer

As the new year begins, many of us have weight goals we would like to reach before the summer swimsuit season. If you have never heard of non-exercise activity thermogenesis (NEAT), then you are in for a treat! NEAT exercises can play an important role in helping to meet your weight loss goals. Keep reading to find out exactly what NEAT is, its benefits, and easy ways to implement it into your daily routine.

## What is NEAT?

Thermogenesis is a metabolic activity that occurs in every living organism. During this process, the body burns calories to generate energy or heat. Practicing NEAT exercises involves performing any daily activity or spontaneous movement that burns calories. NEAT does not include activities such as sleeping, eating, or formal exercise.

Typical NEAT exercises include such activities as:

- Walking to the store
- Changing your posture while sitting or lying down
- Going on foot to take the bus
- Cleaning your room
- Doing laundry or any household chores
- Tapping or moving your feet while sitting
- Stretching your body
- Working at a standing desk
- Walking your dog
- Climbing the stairs
- Fidgeting
- Gardening
- Washing your vehicle
- Singing
- Typing



## How does NEAT help?

NEAT exercising affects good metabolism. Research noted NEAT provides an additional way to maintain good metabolism and this is directly linked to maintaining a healthy weight. The study also indicated that NEAT plays a role in people who tend to stay slim no matter how much they eat. Although NEAT only plays a small role in weight management, research suggests that its significance cannot be ignored. This is especially important for people who do a lot of sitting behind a desk. Jobs that require employees to sit for extended periods of time typically result in health decline in the long run.

In conclusion, research shows that, on average, NEAT allows a person to burn approximately 2,000 kcal per day. Although this does vary from person to person based on their activity level and external factors.

Resource: <https://pubmed.ncbi.nlm.nih.gov/12468415/>

## FEBRUARY 19TH PRESIDENTS' DAY



## Key Card Update

Encino Park amenities (basketball courts, tennis courts, pool and outside pool restrooms) can be accessed with just one card. If you have any key card issues, please contact the HOA Office at 210-497-3022 or stop by during office hours, Monday and Friday 9-2 or Wednesday, 12-6 and we can get a new card for you. Replacement cards are \$10, the office only accepts checks or money orders, no cash or credit cards.



## METRO PAINTING

&

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**Encino Park Homeowners Association**  
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**The market is still hot!**

*I have buyers waiting to move into Encino Park and your home may be just right!*

*Thinking about a move...  
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